



Modern Institute of Technology & Research Centre

MITRC/DSA/2022-23/023

Date 04/05/2023

NOTICE

Student's Counselling Committee

The Counselling Centre of Modern Institute of Technology & Research Centre provides personal and vocational guidance to the students of the college. Personal Counselling Sessions are conducted at the Centre. These are client-oriented and are conducted on a one-to-one basis with each student. A general orientation programme is conducted with new entrants hailing from all disciplines, such that a rapport is established with the Counsellor. Besides personal issues, career-related problems are also dealt with. In addition, the centre conducts several tests to evince personality appraisal and provide the students with a personality profile, such that they may judge the work ambience suitable for them. Thus the Counselling Centre provides a platform for students to pursue their goals with greater self-esteem and self-understanding.

The Personal Counselling Sessions are conducted at Modern Institute of Technology & Research Centre by an experienced counsellor to help students resolve the problems that they confront. The sessions are client centered, on one to one basis. The emphasis is laid to understand the student's problem using professional methods and provide strategy to help them handle it effectively. Chances are that whatever problems a student has, the counsellor has seen it before and has lots of good advice on it.

Choosing the right career path is often a dilemma that the students face. The center provides vocational guidance to students based on their personality and interest. For personality appraisal the center conducts a battery of tests to provide your personality profile which gives insights into the work environment suitable for you. Understanding your personality is helpful in choosing the right career path. For example, a person with creative personality will succeed as a writer and a person who is an introvert is less likely to succeed in face to face sales promotion.

Interest test assesses a student's major field of interest. It is often said "Do what you love, love what you do". If you choose a field that excites you, you will not only enjoy your work but also excel in your chosen field. For these tests the Counselling center can be contacted.

Counsellors are –

Mrs. Priyanka Gupta – Coordinator

Mrs. Chhavi Nagpal- Co-coordinator

Dr. Narendra Kumar (MD, Neuropsychiatry, Govt. Hospital, Alwar)

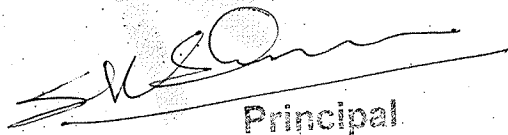
Mr. Rajesh Kumar- Member

Mr. Kalyan Singh – Member

Date.....

The Charges of the committee are the following

1. To set up a professionally staffed confidential Student Counselling Cell to provide assistance to students having personal, mental, emotional, social and academic problems.
2. To ensure that the Student Counselling Cell has a team of experienced female and male faculty members acting as Counselors, who are accustomed to helping students from many different back grounds and cultures and with a wide range of personals issues.
3. To provide the Counselling Service free to all students of the college and to make it available throughout the year.
4. To ensure that a counselor seeks to help the students to focus on and understand more clearly the issues that concerns him/her. By respecting his/her own values, choices and lifestyles; the counselor can work together with the student towards making choices or changes that are right for him/her. Sometimes, it is found that the students get depressed because of their failures most of which could be attributed to their lack of confidence and inhibitions.
5. To address specific problems relating to studying, often in more structured approach focusing on improving study skills.
6. To implement proper programmes for Students Guidance and Mentioning at the department level. Individual faculty members handling a subject are volunteered to assist students who need extra help to maximize their learning outcomes in the subject being taught. Faculty members act as mentors to provide individual or small group of student's instructions outside of class lessons to meet an immediate learning need.
7. To interact with English Department faculty members to offer special programmes to improve and enhance English Communication skills of the students coming from rural background to fare well in examinations and for future challenges.
8. To encourage the students to do quality work, creative problem-solving, promote self-learning, self-improvements and communication and help the students to reduce mistakes there by creating positive attributes throughout the study period at the college.

**Principal**

Prof. (Dr.) **S.K. Sharma**
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